

PE & Sport

AT EASTBROOK

EASTBROOK PE DEPARTMENT KEY STAGE 5



Level 3 CTEC

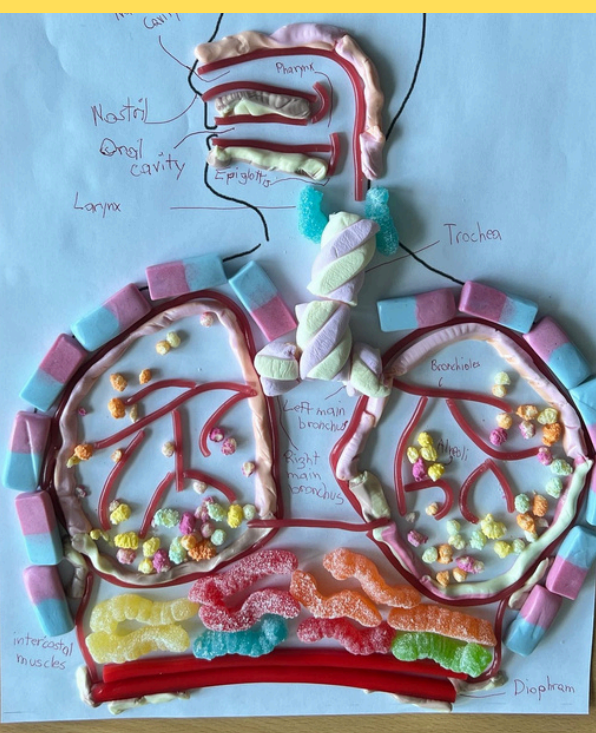
We offer OCR CTEC Sport and Physical Activity. Within this course students study topics varying from Anatomy and Physiology, Sports Coaching and Leadership, Sports Development, Sports Organisation and Sports Injuries

How it is assessed

Students are assessed in theoretical exams, practical coaching and written coursework
Students sit 2 exams and complete 3 units of coursework.
One exam is sat in Year 12 and one in Year 13

Units

- Unit 1 - Body's response to Physical Activity (E)
- Unit 2 - Sports Coaching and Leadership (I)
- Unit 3 - Sports Development (E)
- Unit 8 - Organisation of Sports Events (I)
- Unit 17 - Rehabilitation of Sports Injuries (I)



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Why Study Level 3 CTEC

This subject is perfect for students who wish to develop a range of knowledge and understanding of Sport and Physical Activity. The course allows students to develop the practical knowledge and skills to progress within the sporting sector.

Career Pathways

This will give you the opportunity to enter employment in the sport sector or to progress to higher education in sport-based subjects. Students have the option to go into Sports Coaching Apprenticeships, Degrees in Sports Coaching, Sport PE and Development, Physical Education, Sport Science and Sports Therapy. This course will help to develop transferable skills such as decision making and independent thinking which are useful to all different career choices

Skills needed to be successful

Collaboration and problem solving: Working with others to plan and deliver events

Work Independently: Manage tasks and meet deadlines with minimal supervision.

Leadership skills: Be able to lead others within and group and work with younger students

