

# EASTBROOK SCHOOL MENU WEEK 2

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Selection of toppings for Bagel, Porridge, Overnight Oats and Toast with Preservatives	Selection of toppings for Bagel, Porridge, Overnight Oats and Toast with Preservatives	Selection of toppings for Bagel, Porridge, Overnight Oats and Toast with Preservatives	Selection of toppings for Bagel, Porridge, Overnight Oats and Toast with Preservatives	Selection of toppings for Bagel, Porridge, Overnight Oats and Toast with Preservatives
<b>Morning Break</b>	Half Bagel Melt or Hash Browns	Spiced Chicken Wings or Pastries	Beef Cheeseburger or Vegan Sausage Roll	Pitta Pizza or Pastries	Half Bagel Melt or Hash Brown
<b>Main Dish</b>	Paprika Chicken, Wedges & Garlic Mayo	Bolognese Pasta Bake with Nut Free Pesto Drizzle	Roast Chicken, Roast Potatoes	Beef Chilli Tortilla, Rice & Sour Cream	Chicken and Chips with Curry Sauce or Fish and Chips with Curry Sauce
<b>Vegetarian option</b>	Vegetable Halloumi Stack with Wedges	Broccoli, White Sauce Penne Bake	Cheese & Onion Slice with Roast Potato	Lentil & Spinach Pie	5-a-Day Burger with Chips
<b>Pasta Station</b>	Daily served with Cheese and Green Salad (Classic tomato or Pesto Sauce)				
<b>Side</b>	Sweetcorn	Green Beans, Garlic Bread	Kale & Gravy	Lemon Carrot	Coleslaw, Baked Beans
<b>Dessert</b>	Banana Cake	Lemon Cake	Berry Sponge	Chocolate Cake	Cookie
<b>Fruit</b>	Baskets of whole fruit available daily to all students FREE of charge.				
<b>Baguettes</b>	We produce a selection of different <b>Baguettes:</b> Cheese, Chicken, Tuna <b>Wraps:</b> Chicken <b>Sandwiches:</b> Cheese or Jam				
<b>Grab and Go</b>	<b>Grab &amp; Go Pot available daily: Pasta, Cous Cous or Rice with Egg, Cheese or Chicken with Fresh Salads.</b>				